

Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Age: _____ Sex: _____ Phone #: _____

Vehicle parked at the Divide: License #: _____ Driver's name _____

Contact Information in Case of Emergency

Name: _____ Relationship: _____

Phone#: _____

The course will be marked at all intersections. Course monitors will be located at major intersections. Bring plenty of fluids and food to complete the Loppet. Bring extra layers of warm clothing. It is much colder on top of Bald Mountain and during the descent. Please return your number and sign out before leaving the Divide parking area.

GENERAL RELEASE

I know that nordic skiing is an action sport carrying significant risk of serious personal injury, death or property damage. I know that there are natural, mechanical and environmental conditions and risks, which independently or in combination with my activities may cause property damage, or severe or even fatal injuries to me or others. I also know that nordic skiing requires the participant to be in good physical condition.

I agree that I am alone responsible for (a) my safety while participating in nordic skiing activities and (b) providing, utilizing and maintaining that equipment necessary for the safe enjoyment of my participation in such activities and specifically acknowledge that the following persons or entities including the **Palouse Divide Nordic Ski Club**, the sponsors, the cooperators, organizers, the officials and any agent, representative, officer, director, employee member or affiliate of any person or entity named above are not responsible for my safety. I specifically **RELEASE** and **DISCHARGE**, in advance, those parties from liability, whether know or unknown, even that liability which may arise out of negligence or carelessness on the part of persons or entities mentioned above. I agree to accept responsibility for the risks, conditions and hazards which may occur whether they now be known or unknown.

Being fully aware of the risks, conditions and hazards of the proposed activity as a participant, **I HEREBY AGREE TO WAIVE, RELEASE AND DISCHARGE** any and all claims for damages for death, personal injury or property damage which I may have or which may hereafter accrue to me as a result of participation in the activities, against any person or entity identified above whether such injury or damage was foreseeable or not.

I further agree to **HOLD HARMLESS** and **INDEMNIFY** all persons and entities above, generally and specifically, from any and all liability for death, personal injury or property damage, resulting in any way from my participating in competitive events.

I currently have, and I agree to maintain throughout the time I compete, valid and sufficient medical and accidental insurance. I understand that this is my sole responsibility and release all persons and entities identified above from providing this coverage for me.

I agree that I will abide by the rules imposed by the organizers of the activity. This **ACKNOWLEDGEMENT and ASSUMPTION of RISK and RELEASE** shall be binding upon heirs and assigns.

Signature: _____ Date: _____
(Parent or Guardian if under 18)